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Gambling Addiction Recovery: Gambling Addiction Recovery And Cure Of Your Life (Addiction Recovery, Addictions Gambling, Quit Smoking, Addiction)



Synopsis

Gambling Addiction Recovery: Gambling Addiction Recovery and Cure of Your Life

The number of casinos globally is now developing, not to mention those that offer online gambling and programs to fight compulsive gambling addiction havenâ™t leap a step forward. Around 2M people are now suffering pathological gambling or compulsive gambling. In a lot of cases, compulsive gambling or gambling addiction is not so understood and it is not highly recognize as a form of psychological dependency. Though a lot of people truly know that gambling excessively may cause drastic financial problems, few people truly understand the results that compulsive gambling can bring to them in terms of physical and mental aspect of life. Those who struggle with compulsive gambling should look for the best treatment like those being offered by SMART and twelve steps program. The Twelve step programs offered by Gamblers Anonymous can also help those who cannot afford expensive treatments. This type of program can also help the patients go back to their old life and it follows the same program given to alcoholics and drug addicts. They are helped to build a support group with recovered gambling addicts and they will meet one or more times within a week for groupings. You will also learn from the four steps to break gambling addiction and behavioral disorders. All of these can help you in going back to your normal life again. Tag: gambling fiction, gambling stories, gambling addiction, gambling addiction treatment, gambling addiction book, compulsive gambling, gambling online, gambling problem, gambling addiction recovery, gambling addiction cure

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Customer Reviews

Of all the addictions, I believe Gambling would be the worst. I have personally seen many examples of families being lost to this. I am glad there are great resources out there for people who are looking for a change. This book serves as a good guide on first understanding why you are addicted and from there slowly works upwards to finding out the solutions on your problems.

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